Newsletter...



Prosthetics and Orthotics Clinic

Vol. 1, No. 1 October 1976



Joseph M. Cestaro: AAOP President

In December of 1969 the Committee on Prosthetic-Orthotic Education of the National Academy of Sciences initiated publication of "NEWSLETTER AMPUTEE CLINICS" in an effort to disseminate timely information to amputee clinic teams throughout the country and to provide a vehicle for the interchange of information among clinicians responsible for the care of amputees.

The Newsletter met with immediate success and was published every two months until 1975 when policy changes at the National Academy of Sciences precluded publication of the Newsletter Amputee Clinics. The final issue, Vol. VIII No. 1 has been published with a date of July 1976 after a hiatus of nearly a year.

Because so many members of the American Academy of Orthotists

and Prosthetists and their colleagues on the clinic teams that they work with have voiced regret that the forum provided by the Newsletter no longer exists the Board of AAOP, after a study, determined that the majority of the membership were in favor of assuming responsibility for continuation of this type of publication. Therefore, the board of the AAOP has made the decision to proceed on the basis of four issues per year, initially, and to expand the coverage to include orthotics.

It was hoped that an announcement concerning the plans of the AAOP would be made in the final edition published by the NAS, but since such could not be effected this abbreviated edition is being sent to those who in the past have received the "Newsletter—Amputee Clinics" to determine the size of the circulation that can be expected.

Our editor for the new publication will be Mr. A. Bennett Wilson, Jr. who helped formulate the original newsletter while in his previous position as Executive Director of CPRD. Mr. Wilson is now acting Director of Training at the Krusen Research Center of the Moss Rehabilitation Hospital in Philadelphia, Pa. The editorial board will be headed by Charles H. Epps, Jr., M.D. of Washington, D.C. Dr. Epps is

chief of the Juvenile Amputee Clinic at D.C. General Hospital. Mr. Robert B. Peterson, R.P.T., Supervising Physical Therapist for Hospital Services, Maryland Department of Health and Mental Hygiene and the undersigned will also reside on the board. This group plans to seek technical consultation with representatives of the Veterans Administration Prosthetic Center and the Rehabilitation Services Administration of Health, Education and Welfare on all applicable subject matter.

We would also like to thank Mr. Anthony Staros, Director of the Veterans Administration Prosthetic Center for his assistance and guidance in planning this new publication.

To begin, four issues per year are contemplated. The initial subscription rate will be \$8.00 per year. Each issue will contain short articles on both Prosthetics and Orthotics. AAOP members will receive their copies as a service to members. Prices will be adjusted to reflect costs without profit to the AAOP.

A subscription order blank is included in this issue for the use of those who are not members of AAOP. Your participation will help us in assuring the long term success of this publication.

Joseph W. Centons



Molded Plastic AFO



Modified Molded Plastic Orthoses



Molded Plastic KAFO

Plastics in Lower-Limb Orthotics

Polypropylene has been in use for lower-limb orthoses in various parts of the U.S. and Canada for more than 5 years. Although polypropylene itself was introduced and used in orthotics slightly before vacuum forming was introduced most of the fabricators have used this technique in fabrication. Some AFO designs are being offered "off-theshelf" in a series of sizes. Some suppliers stress that the purpose of these prefabricated units is to determine if the patient will benefit from a custom made device or devices.

A partial bibliography on the use of plastics in orthotics is included on this page.

We invite readers of the Newsletter to give us the benefit of their experiences with respect to both custom-made designs and off-theshelf units by filling out the questionnaire on page 3 and returning it to AAOP, 1444 N Street, N.W., Washington, D.C. 20005. You are asked to be as complete as possible in the information you give so that meaningful conclusion can be obtained. If additional space is needed please use a blank piece of paper and attach it to the original.

Partial Bibliography Plastic Lower-Limb Orthotics

- Artamonov, Alex, Vacuum forming of sheet plastics, ISPO Bulletin, No. 4, October 1972
- Casson, Jerry, Advanced designs of plastic lower-limb orthoses, Orth. and Pros. 26:3, September 1972
- Cohen, Samuel, and Warren Frisina, Polypropylene spiral ankle-foot orthosis, Orth. and Pros., 29:2, June 1975
- 4. Demopoulos, James T. and Johne E. Eschen, Experience with plastic patellar-tendon-bearing orthoses, Orth. and Pros. 28:4. December 1974
- Dixon, Malcolm, and Robert Palumbo, Polypropylene knee orthosis with suprapatellar latex strap, Orth. and Pros., 29:3 September, 1975
- Engen, Thorkild J., The TIRR polypropylene orthoses, Orth. and Pros. 26:4 December 1974
- Glancy, John and Richard E. Lindseth, "The polypropylene solid-ankle orthosis," Orth and Pros. 26:1, March 1972
- 8. La Torre, Richard R., Michael Richards, and Sooklall Ramcharran, Ischial-thigh-knee-ankle orthosis, Orth. and Pros. 27:4, December 1973
- Lehneis, H. R., New concepts in lowerextremity orthotics, Med. Clin. of NA.A. 53:3:585-592, May 1969
- Lehneis, Hans Richard, Warren Frisina, Herbert W. Marx, and Tamara T. Sowell, Bioengineering design and development of lower-extremity orthotic devices, Bull. Pros. Res., BPR 10-20, Fall 1973
- 11. Lehneis, Hans Richard, *Plastic spiral ankle-foot orthoses*, Orth. and Pros. 28:2, June 1974

- 12. Marx, Herbert W., Lower-limb orthotic designs for the spastic hemiplegic patient, Orth. and Pros. 28:2, June 1974
- Rice, Edward, A new design for the drop-foot polypropylene orthosis, ISPO Bulletin No. 12, October 1974
- Rubin, Gustav, and Michael Danisi, A knee-stabilizing ankle-foot orthosis with adjustable spring-loaded ankle, Orth. and Pros. 29:3, September 1975
- Rubin, Gustav and Michael Danisi, A "slip" cuff for ankle-foot orthoses-a piston-action absorbing polypropylene orthotic cuff, Orth. and Pros. 28:1, March 1974
- Simons, Bernard C., Robert H. Jebsen, and Louis E. Wildman, *Plastic short leg* brace fabrication, Orth. and Pros. 21:3, September 1967
- 17. Rubin, Gustav, and Robert L. Palumbo, A polypropylene knee-ankle orthosis, ISPO Bulletin No. 8, October 1973
- Sarno, J. E., and H. R. Lehneis, Prescription considerations for plastic below-knee orthoses, Arch. Phys. Med. and Rehab., 52:11:503-510, November 1971
- Stills, Melvin, Thermoformed ankle-foot orthoses, Orth. and Pros. 29:4, December 1975
- Stills, Melvin, Vacuum-formed orthoses for fracture of the tibia, Orth. and Pros., 30:2 June 1976
- 21. Titus, Bert R., A patellar-tendon-bearing orthosis, Orth. and Pros. 29:1, March 1975
- 22. Wilson, A. Bennett, Jr., Vacuum forming of plastics in prosthetics and orthotics, Orth. and Pros. 28:1, March 1974

NEWSLETTER QUESTIONNAIRE

(Return to AAOP, 1444 N Street, N.W., Washington, D.C. 20005)

1)	Does your clinic use custom made orthoses formed from sheet thermoplastic material? [] Yes [] No
2a)	If the answer is "Yes" please name the materials used and show opposite the types of appliances made from the particular material.
	Material Types of Orthoses
	1.
	2.
	3.
2b)	If the answer is "No" please give your reasons for not using plastic lower-limb orthoses.
3.	Do you use preformed "off-the-shelf" AFO's?
	[] Yes
	[] No
4.	Please give the reasons for the answer you gave to question "3".
5.	If you provide molded plastic orthoses, what type of equipment do you use in fabrication?
6.	Please give your opinions about the usefulness of sheet thermoplastics in orthotics.
7.	Have you experienced problems with the quality of the sheet plastic material? If the answer is "Yes", please explain.
8.	Are special courses needed to provide orthotists and other members of the clinic team with training in the prescription, fabrication and fitting of molded plastic lower-limb orthoses? Please explain.

Newsletter... Prosthetics and Orthotics Clinic

Enclosed is my check for \$8.00 for a 1 year quarterly subscription to the Prosthetics and Orthotics Clinic Newsletter.

Mail to: AAOP 1444 N Street, N.W. Washington, D.C. 20005

Address

City State Zip

Newsletter... Prosthetics and Orthotics Clinic

American Academy of Orthotists and Prosthetists 1444 N Street, N.W., Washington, D.C. 20005 SECOND CLASS POSTAGE PAID AT WASHINGTON, D.C.

ADDRESS CORRECTION REQUESTED